



# CITB Site Safety Plus Health and Safety Awareness (HSA)

#### Location

London & Birmingham classroom based:£125.00

#### **Course Overview**

Our one-day Health and Safety Awareness (HSA) course designed to enhance the comprehension of potential hazards that construction workers may encounter on-site. It offers a practical overview of crucial aspects, including health, safety, welfare, and environmental considerations.

The course not only highlights the delegates' responsibilities in safeguarding themselves and their peers but also outlines the obligations of their employers. Additionally, it clarifies the steps to take if a worker believes that anyone's health and safety is at risk.

This CITB course serves as an excellent foundation for individuals looking to obtain an industry site card and provides comprehensive health and safety awareness.

#### Who is this course for

If you are considering or are already working in the construction and civil engineering industry

#### **Course Content**

On completion of this course you will have an understanding of:

# Legal and management

- Health and Welfare
- General Safety
- High Risk Activities
- Environmental

Certification for this course has a 5-year validity period. To maintain your certification in this field, it's necessary to undergo a course refresher before the expiration date.

#### Assessment / Examinations

To successfully achieve this course delegates must pass both the multiple choice exam paper at the end of the course.

# **Entry Requirements**

Delegates must be competent in English at operative level. The course content is suited to all ability levels.

### **Duration**

1 day in Academy
Delegates are required to complete the full day
(7.5 hours) to be eligible for certification

# **Progression**

A natural progression from this course would be to attend the Site supervision safety training scheme (SSSTS) course or a supervisor specialist skills course. Alternatively, delegates might be interested in the Site environmental awareness training scheme (SEATS).

## Contact

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